

DAILY WEAR / WORKWEAR SIZE CHART

Body Measurements (not garment measurements)

Jackets, Coveralls, Overalls														
	!	5	М		L		XL		2XL		3XL		4XL	
Size	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Chest	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Waist	28	30	32	34	36	38	40	42	44	46	48	50	52	54
Arms	33		34		35		36		37		38		39	
Hip	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Inseam	32		32.5 33		33.5		34		34.5		35			

Pants											
Size	30	32	34	36	38	40	42	44	46	48	50
Waist	30	32	34	36	38	40	42	44	46	48	50
Hip	36	38	40	42	44	46	48	50	52	54	56
Inseam	31	31.5		32		32.5		33		33.5	

Shirts							
	S	М	L	XL	2XL	3XL	4XL
Neck	14–14.5	15–15.5	16–16.5	17–17.5	18–18.5	19–19.5	20–20.5
Chest	34	38	42	46	50	54	58
Sleeve	33.5	34	34.5	35	35.5	36	36.5

Vests							
	S	М	L	XL	2XL	3XL	4XL
Chest	34	38	42	46	50	54	58

Measurement Directions:

Neck: Measure around the base of your neck; round up to the next half-inch.

Chest: Measure around your chest, under the arms, and across the shoulder blades,

over a shirt. If stomach is larger than chest; choose the larger size. $\label{eq:choose}$

Waist: Measure around your waist at the level you normally wear your pants, over a shirt.

Hip: Standing with feet together, measure around the widest part of your hips,

parallel to the floor.

Inseam: Measure a good-fitting pair of pants along the inseam, from crotch seam to

bottom edge of cuff.

Sleeve: Bend arm and place fist on hip. Measure from center back of your neck,

across shoulder, and down arm to elbow and then to your wrist. This is your

sleeve length.

For working garments, measure liberally to find your size, as you need freedom of movement.

