



FIND YOUR SIZE

INSOLE SIZE	XS	S	M	L	XL	XXL
MENS SHOE SIZE		6-7	8-9	10-11	12-13	14-15
WOMENS SHOE SIZE	5-7	8-9	10-11	12-13		

Select your insole size based on your shoe size.
This is a guide, different types of shoes may require a different size.

